

Taster classes 2025

27th

Early Lindy, level int & up – Frida & Skye

Swingout Deep Dive, all levels - Naomi and Peter will share technique and pointers to explore your basics. We'll be working on the feeling as well as the timing and look of your swingout and related classic steps.

An intro to balboa for swing dancers, from Charleston to lollies, beginners – Sanna & Adam. Take the on-ramp to balboa! Twist and turn your Charleston steps and you'll be dancing balboa in no time!

Lindy Hop Choreography, Int & up, Marie & Felix

28th

Music appreciation, all levels, Alice & Remy - This class is about expressing yourself beyond the usual rules and steps.

Savoy walk, all levels, Alba & Gaston

It's a classic blues dance style that originated in the legendary Savoy Ballroom. You can dance it as a line dance or in place. This elegant blues style pairs beautifully with slow swing tunes and soulful ballads—the same timeless music that swing bands used to play. Join us and discover the magic and beauty of this dance!

Slow Balboa Beginnings, all levels, Sylvia & Jacob – Have you not tried Slow Balboa before? This is the time to do it!

Solo jazz choreography, all levels, Marie & Felix – Solo jazz with emphasis on fast tempo, be ready for a challenge!

29th

First stops, all levels, Bianca & Nils – The *First Stops* routine is said to be one of the first ensemble dance routines at the Savoy Ballroom in Harlem, New York. According to Norma Miller's book *Swingin' at the Savoy*, it was Frankie Manning who came up with the idea one night and suggested to Whitey that they turn it into an ensemble dance. At that time, it was called "Stops," but it later became known as *First Stops* when a second stops routine was created. We first learned this version of *First Stops* from Sugar Sullivan and Barbara Billups at HDC. There are also videos of Al Minns and Leon James, as well as the Mama Lu Parks dancers, performing the *Stops*!

Spins and Rotations, Int-Int/Adv - Hyunjung & Rikard

Hal Swing, Int/adv & up balboa, Natalia & Mickey - 'Show me something'. Style and steps of the Legendary, Hal Takier.

Our favourite blues moves, Int & up, Alba & Gaston

We want to share with you some of the steps we love to perform. We'll go slowly, step by step, learning and refining the techniques along the way. Our hope is that you'll be able to enjoy them just as much as we do.

We Go Slow, all levels, Nomi & Peter - Exploring moving at a slower pace and embrace the tunes when the tempo is turned down.

30th

Groove and Rhythm, Intermediate, Hyunjung & Rikard

How to teach Lindy Hop, Any level, Naomi & Peter - For dancers teaching in their local scene who are looking to up their skills and get some tips (as well as those who are looking to get started). We'll be sharing tips and knowledge for how to help your students in local weekly classes.

Musicality through simple choreography (balboa), intermediate & up – Sanna & Adam. Join us for a simple choreography and learn to play with the music through incremental variations.

So Cal classic lindy moves, all levels, Sylvia & Jacob – Lindy hop moves from Southern California.

Soul music, Intermediate & up, Alice & Remy - How to improve dancing to soul—focusing on rhythm, timing, and feeling comfortable with basic movements.

31st

Beach clip inspiration, all levels, Olga & Andreas - The legendary 1938 "Beach Clip" meets modern Balboa! Let's break look at all the cool footwork and explore some new shapes!

Flashy moves and flashier footwork, Int/adv & up balboa, Natalia & Mickey

Jamming, int/adv & up, Frida & Skye -We will explore different kinds of jamming—some solo and some partnered.

Rhythm variations, int/adv & up – Frida & Skye

The language of the drums, all levels & dances, **Vicci Moore (dancer) and Lorenzo Bergamino (drummer)**

Vicci asked expert percussionist, Lorenzo Bergamino, "what do you think dancers most need to know about rhythm?". This class is the answer!

In this part music theory, part dance class, you will discover a Lorenzo's approach to groove,

phrasing and musical structure and embody this in your dancing. Rhythm has a story to tell... if we listen closely to it, it will tell us what to do!

Playful Dancing, all levels, Hyunjung & Rikard

Saint Louis Shag, all levels, Olga & Andreas - An up-tempo partnered swing dance.

Slides for many styles, all levels, Sylvia & Jacob

Slow Balboa 101, Int/adv & up balboa, Natalia & Mickey